

Patient's Name:	Patient Label:	Clinic Date:
CHI:		Clinician:

BRACHIAL PLEXUS OUTCOME MEASURE (BPOM)

ACTIVITY SCALE	Functional Movement Score
SHOULDER	
Combs Back of Head <i>Uses affected hand to reach the back of the head to comb hair.</i>	
Places Container Above Head <i>Uses both hands to reach forward to place a container directly above their head.</i>	
Undoes Button at Midline <i>Undoes button or snaps at navel level with both hands.</i>	
Hand to Back Pant (Trouser) Pocket <i>Puts affected fingers into ipsilateral back pant pocket.</i>	
ELBOW AND FOREARM	
Pretends to Eat Candy (Sweets) <i>Holds plate with unaffected hand, picks up bead with affected hand from plate and brings it up to mouth.</i>	
Uses Computer Mouse <i>Uses affected hand with isolated finger flexion to click on mouse.</i>	
Plays Drums <i>Hits drumsticks on container with both hands.</i>	
Holds Plate with Palm Up <i>Holds plate with affected hand palm up.</i>	
WRIST, FINGER AND THUMB	
Opens Large Container <i>Uses both hands to open 5" diameter container with snap-on lid; abducts thumb with affected hand.</i>	
Pulls Apart Theraputty <i>Uses power grasp to pull apart Theraputty with active wrist extension with both hands.</i>	
Strings Bead <i>Uses both hands to string bead; uses precision grasp (pinch) with affected hand.</i>	

FUNCTIONAL MOVEMENT SCALE
1. Cannot complete task.
2. Completes task using only unaffected arm.
3. Completes task. <i>Absent active movement in primary mover(s). May use passive range of motion to complete movement pattern.</i>
4. Completes task. <i>Initiates all movement actively or position of primary mover(s) is sufficient for function. Compensatory techniques used to complete movement pattern.</i>
5. Completes task with normal movement pattern.

BP Outcome Score:

SELF-EVALUATION SCALE

My arm works...

Very POORLY		Very WELL

My hand works...

Very POORLY		Very WELL

My arm and hand looks...

Very BAD		Very GOOD